



# Bride To Be Day

For a relaxing pre-wedding escape why not enjoy a luxurious Bride to Be Day with your friends and family at Champneys Tring – an indulgent alternative to the normal hen party!

Choose from our ready made package or let us tailor-make a day or overnight stay to suit your groups' requirements. The Bride to Be Day costs from £149.95 per person and includes:

- Arrival 9am
- Registration & refreshments in a private room
- Complimentary robe hire & slippers
- Champneys Massage & Relaxing Facial (55 mins)
- Group Thalassotherapy session\*
- Unlimited use of facilities and fitness classes
- Hot & cold buffet lunch
- Champneys gift for the Bride to Be
- Farewell glass of Bucks Fizz before departure at 6pm

To book or for more details please contact: Sabia Morrison on 01442 291203  
E-mail: [sabia.morrison@champneys.com](mailto:sabia.morrison@champneys.com)

Champneys Tring Health Resort  
Wigginton, Tring, Hertfordshire, HP23 6HY

Terms & Conditions apply. All packages are subject to availability.  
\*Maximum of 10 guests at any one time

CHAMPNEYS

TRING